

# Healthy Habits for Success in DreamBox Math

**01**

## Try every problem

Persist even when it is hard.

**02**

## Finish every lesson

Perservere instead of choosing another lesson.

**03**

## Utilize in-lesson support

The feedback, hints, and help are created to assist you.

**04**

## Use headphones with volume on

Listen to the directions, assistance, and feedback.

**05**

## Work independently

Don't let others do your work for you.